

## INSOLE FOR FOOTWEAR

### ABSTRACT OF THE DISCLOSURE

An insole for footwear that is capable of providing a protective layer between a plantar surface of a human foot and an upper surface of a sole of the footwear. The insole can have a first portion positioned in a rearfoot region of the insole and a second portion positioned at a forefoot portion of the insole, wherein the second portion can be more flexible than the first portion. The insole may further include a toe piece positioned in a toe region of the insole and a footbed that overlays the first portion of the insole, the second portion of the insole, and the toe piece of the insole.